Wandering Thoughts

Kurt Mel P Otinggey

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Address

[1]Zone 3, Brgy Lupiagan, Sumilao, Bukidnon, Philippines

[2]Door G GIA Compound, 12th Street, Brgy. Nazareth, Cagayan de Oro, Misamis Oriental, Philippines

Kurt Mel P Otinggey | January 15, 2025

09202955030 | kumeotinggey@gmail.com |

Facebook:https://www.facebook.com/profile.php?id=100080309612206&mibextid=ZbWKwL

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[J]ournal One

[1]Why must a person work in order to live like an animal? How is the efforts be worthwhile? Is there such hope in the world of suffering?

[2]Almost twelve hours of life there is a need of shedding sweat for the comfort of a bowl of rice and oatmeal. Then is

excreted one day. Times of rest are lesser, why? Are humans merely tools or mules who only lift yoke and did not think.

[3]Hardwork was mistaken as the single and non-debatable road towards ‘perfection.’ But it was taken too far. Some had done things beyond their ability but lower than their

identity, and were indeed unhealthy.

[4]There is a need for leisure not because people are lazy. It is their worth as a collection of beings endowed with thinking, and not merely feeding their guts like a furnace.

February 29 2024

J. Two

[5]Is wasting time an untreated illness or was indeed a result of a person's negligence? Undone tasks, lack of sleep, and skipping meals, such things are habitual. Why did these things happen? Right thing that has to be meet with its fitted place and time has lost its track.

[6]Why is a person letting time pass by? Is there a healing to this disease? Or is this a sickness at all? How can it be prevented then? But difficulty tempted a mover to never continue. Rest is part of one's existence. Yet there are so many works to do. Light things became heavy through times.

[7]Seeking help and guidance are not weaknesses. With friends, one is driven to do things for one's fulfillment of purpose. They serve as the people who cheer and boost the confidence of a person and to cope with time. Time cannot be thrown away as one knows (s)he is above it.

March 5, 2024

J. Three

[8]Why is fear difficult to be tamed? It was left aside and sadly this grown into that which is hindering the life of virtue. People are afraid to offer their lives. That seems to be a considerable thing as a part of survival. But why fear to reach a priceless joy? There is such countless thing to ponder.

[9]Doubt is an undeniable and indeed a part or thinking as a person. Yet, this needed to be left aside when answers are clear and whole. A bus driver is not afraid to take the slippery road at night when (s)he has the lights turned on.

[10]Fear is a part of one's existence. But letting it took over [our] life can hinder a

person to arrive into a higher state of life. Faith is not necessarily meant to throw doubts away. But is is to train fear not out of worry but caution. This caution then safeguarded the faith from destruction.

[11]What will one think of this?

March 7 2024

J. Four

[12]Is a person lazy for taking a long nap? This brought different answers as resting varies from person to person. Taking a pause was seen as likened to giving up in life. Everyone has their own point of view. But why leisure was misconceived as a sloth's business?

[13]The working world today is growing. And it is said to be ‘doubled up’ the time as it is running, irrevocable, and unrepeatable. But the question is: work for humans or humans for work?

[14]Taking a rest does not entirely mean of escaping from reality. It is humane and natural way. Sages like Lao Tzu and Jose Rizal have points

to this. The former holds that sometimes, things get fixed by their own. Look at a water pond stained with dust, it became clearer later on, without dipping the fingers for cleaning it.[1] Jose Rizal took a stand that people are not machines nor beasts that work ceaselessly. Otherwise it will cause the sudden extinction that possibly rooted from the

[1] Lao Tzu's *Tao Te Ching* ch. 15

lack of rest and recreation.[2] Humanity works to create meaning.

[15]Is this thought a correct one?

[2] Jose Rizal's *On the Indolence of Filipinos* (around 1890s)

J. Five

[16]Does greed and gluttony justified hunger? It depends on certain situations. A hound can hastily devour a spoiled meal, despite, only to fill its gut. The starving person can ‘steal’ a piece of bread just to put something in a churning belly.

[17]Hunger is still an unavoidable fiend in behalf of

development of food. There are instant edibles although costed a lot for production. This goes like in the following way. A person sell a crop for cheap prices. But it is manufactured to be more ‘tasty.’ The thing to consider is a heavy quantity. This has driven people on not taking food sometimes. Or worse, this has fixation and make them steal.

[18]A being chews without doubting not because of the lack of discipline. It can also be rooted from basic needs that are not granted. A child does not weep if it is fed well with milk. Even simple meals can ease the weariness. What will the others response to this call?

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J. Six

[19]Dreaming while asleep is some sort of escape form the reality. It has sweet things caught by eyes and seen horrible disasters which can boil the blood. Due and needed works, eerie monsters, jerking events, these illusions have been thrown away. Thanks to the state of wake.

[20]There are instances which escape are ‘preferable options’, they are helping one to say. But the sad thing is that these even worsen the situation. It gives birth to false persona and fantasies which are not even healthy to one's thinking. This paved the rise to the confusion of which to believe.

[21]It does not mean to avoid engaging in illusions. This is

even a fair exercise and that it trains the consciousness; for alertness. The thing to expect is not to be drowned in addiction. Danger is even possible to dwell in comfort zone. With ignorance, one is prone to be deceived. With untamed gaiety there can be insensitivity. Reality cannot be escapes, it is where beings create their character and extend their world.

[22]Are these cognitions at all or otherwise?

$$2 + 2 = 5$$

$$4 = 5$$

$$\frac{4}{4} = \frac{5}{4}$$

$$1.25$$

???

May 6 2024

J. Seven

[23]One is thankful in the face of weariness Times for rest are given, and sighs of tiredness are understood. No one is *alone* in a battle within the mind and the leaping fate is a part of life. Change can do both ill and weal. It brokers those who trust in false hope but helped someone in growth, showing that comfort is

not only what life has. There is an edge to every suffering, ‘hoped that it became real someday.

[24]Groaning in distress was mistaken as a weakness and denying the waves of life. It is a sign of life, on the other hand, and accepting the reality that no one can solve the problems easily nor left these undone. A person is not insane just because it shouts out of frustration. It is instead a

call that one needs understanding and a sign of existence.

J. Eight

[25]“Freedom is not free.” What does this paradox tried to say? Are people living a void existence where there is no escape and brightness? This sounds already an image of reality, is [not] it?

[26]Eggs that bear chicks someday were broken to fill the empty bellies of people. But thanks to reproduction, there are

more chickens and their offsprings that are fit for the need of the masses. Another burden is to be considered. Scientists and researchers will give up their sleeps in order to find means for the process. Farmers will sacrifice their leisure time looking over the animals and giving care–both to the products and consumers.

[27]Now it is revealed that life is a give and take journey. It is not

only with awe but also paired with disgust and disappointment. One lets go of a heavy gold to be lifted by a balloon upwards…skies. Freedom takes time and a choice, not merely words uttered as an excuse of having no care.

Gedankheit
alles
auf
Zeit

Salamat.

Thanks.